

## Practical navigation



- Navigation aids
- Compasses
- Altimeters
- Global Positioning System
- Navigation techniques
- Estimation of distance travelled
- Using back bearings
- Navigation in easy conditions
- Navigation in difficult conditions

There is little that undermines the confidence of a group more than feeling that they are probably lost. Nor is there much which undermines an outdoor leader's confidence more than not having a clue where you are. Capable and confident navigation is a major goal for most outdoor leaders. Without it, a leader's performance in the field and general reputation will never reach great heights.